15.5 Triple Integrals: Suppose that we have a solid $D$ and we know the density (mass per unit volume) $F(x, y, z)$ at every point of $D$. We want to find the mass of $D$. We slice up $D$ into tiny rectangular solids of volume $\Delta V$ where $F(x, y, z)$ is almost a constant $F\left(x_{i}, y_{j}, z_{k}\right)$ and the mass is therefore approximately $F\left(x_{i}, y_{j}, z_{k}\right) \Delta V$. The point $\left(x_{i}, y_{j}, z_{k}\right)$ is inside the tiny rectangular solid. If we cut $D$ into many tiny rectangular solids and add up those approximate masses we get an approximation of the mass of $D$ as

$$
\sum F\left(x_{i}, y_{j}, z_{k}\right) \Delta V
$$

If $D$ is a rectangular solid; $a \leq x \leq b ; c \leq y \leq d$ and $e \leq z \leq f$ then we can subdivide the $x$-interval into segments of length $\Delta x$ and similarly for the $y$ and $z$-intervals so that $\Delta V=(\Delta x)(\Delta y)(\Delta z)$ then the above sum is

$$
\sum_{i=1}^{\ell} \sum_{j=1}^{m} \sum_{k=1}^{n} F\left(x_{i}, y_{j}, z_{k}\right)(\Delta x)(\Delta y)(\Delta z)
$$

where it is understood that $\left(x_{1}, y_{1}, z_{1}\right)$ is in the "first" small rectangular block and $\left(x_{1}, y_{1}, z_{2}\right)$ is in the block above that and so on.

In the case that $D$ is a more general solid but we still know the density $F(x, y, z)$ then we can still use a triple sum like above but we must omit terms if the small rectangular block does not touch $D$ but include all terms where the rectangular block is entirely inside $D$.

Now we look at what happens when the small blocks get smaller and the number consequently gets larger. Then our estimate gets more accurate and if we approach a limiting value no matter how we choose the blocks (but the size of the blocks must go to zero) then we say that $F$ is Riemann integrable on $D$ and we denote the limiting value by

$$
\iiint_{D} F(x, y, z) d V=\iiint_{D} F(x, y, z) d x d y d z
$$

and that is indeed the mass $M$ of $D: M=\iiint_{D} F(x, y, z) d V$.
How do we evaluate a triple integral? We might slice $D$ horizontally into layers that are $\Delta z$ thick and find the mass of each layer regarding $z$ as a constant in each layer ( $\Delta z$ is very small). Each layer is roughly a region in a plane $z=z_{k}\left(z_{k}=\right.$ constant $)$ and the mass should be $\iint_{D \cap\left\{z=z_{k}\right\}} F\left(x, y, z_{k}\right) d x d y \Delta z$ roughly. We can evaluate this double integral as in previous Sections. To get the total mass we then add up the mass of each layer using
integration in $z$. If $D$ is between the planes $z=a$ and $z=b$ then

$$
\iiint_{D} F(x, y, z) d V=\int_{a}^{b} \iint_{D(z)} F(x, y, z) d A d z
$$

where $D(z)=\{(x, y):(x, y, z) \in D\}$. Of course, we have chosen to slice parallel to the $x y$-plane but we could equally well have held $x$ constant (parallel to the $y z$-plane)

$$
\iiint_{D} F(x, y, z) d V=\int_{a}^{b} \iint_{D(x)} F(x, y, z) d A d x
$$

or $y$ constant

$$
\iiint_{D} F(x, y, z) d V=\int_{a}^{b} \iint_{D(y)} F(x, y, z) d A d y
$$

Theorem (Fubini) If $F(x, y, z)$ is Riemann integrable on $D$ then the three integration methods all give $\iiint_{D} F d V$

Example Find the mass of the rectangular solid $D$ bounded by the planes $x=1, x=2$, $y=1, y=3, z=1$ and $z=5$ if density at $(x, y, z)$ is $F(x, y, z)=2 x+5 y+7 z$.

Mass is

$$
M=\iiint_{D} F d V=\int_{1}^{5} \int_{R}(2 x+5 y+7 z) d A d z=\int_{1}^{5} \int_{1}^{3} \int_{1}^{2} 2 x+5 y+7 z d x d y d z
$$

where $R$ denotes the rectangle $1 \leq x \leq 2,1 \leq y \leq 3$. We can evaluate

$$
\begin{aligned}
M & =\int_{1}^{5} \int_{1}^{3} x^{2}+5 x y+\left.7 x z\right|_{1} ^{2} d y d z \\
& =\int_{1}^{5} \int_{1}^{3} 3+5 y+7 z d y d z \\
& =\int_{1}^{5} 3 y+\frac{5}{2} y^{2}+\left.7 z y\right|_{1} ^{3} d z \\
& =\int_{1}^{5} 6+20+14 z d z \\
& =\left[26 z+7 z^{2}\right]_{1}^{5}=272
\end{aligned}
$$

Example Find the mass of a tetrahedron bounded by the plane $x+2 y+2 z=4$ and the three coordinate planes and lying in the first octant. Assume constant density.

Solution Sketch the solid. It is bounded above by the plane $x+2 y+2 z=4$ which
intersects the coordinate axes at $(4,0,0),(0,2,0)$ and $(0,0,2)$.

The mass of the solid $D$ is $M$ where

$$
\begin{aligned}
M= & \iiint_{D} \delta d V \\
= & \int_{0}^{4} \int_{0}^{2-x / 2} \int_{0}^{2-y-x / 2} \delta d z d y d x \\
= & \left.\delta \int_{0}^{4} \int_{0}^{2-x / 2} z\right|_{0} ^{2-y-x / 2} d y d x \\
= & \delta \int_{0}^{4} \int_{0}^{2-x / 2} 2-y-x / 2 d y d x \\
= & \delta \int_{0}^{4} 2 y-\frac{1}{2} y^{2}-x y /\left.2\right|_{0} ^{2-x / 2} d x \\
= & \delta \int_{0}^{4} 2(2-x / 2)-\frac{1}{2}(2-x / 2)^{2}-\frac{x}{2}(2-x / 2) d x \\
& =\delta \int_{0}^{4} 2-x+x^{2} / 8 d x \\
& =\delta 2 x-x^{2} / 2+x^{3} /\left.24\right|_{0} ^{4}=\frac{8}{3} \delta
\end{aligned}
$$

The first moment of inertia $M_{y z}$ can be computed similarly. (Multiply the integrands by $x$ until evaluating the $x$-integral.)

$$
\begin{aligned}
M= & \iiint_{D} \delta x d V \\
& =\delta \int_{0}^{4} 2 x-x^{2}+x^{3} / 8 d x \\
& =\delta x^{2}-\frac{1}{3} x^{3}+x^{4} /\left.32\right|_{0} ^{4}=\frac{8}{3} \delta
\end{aligned}
$$

We shall see in the next section $\bar{x}=M_{y z} / M$ is the $x$ th coordinate of the center of mass (balance point). In the previous example $\bar{x}=1$. Therefore if $D$ were placed on a knife edge one unit from the base (in the $y z$-plane) then it would balance.

Example: Express the mass of the region $D$ which is bounded by the planes $x=y$, $z=0$ and $y=0$ and the cylinder $x^{2}+z^{2}=1$ and has density $\delta=z$ as 6 different triple integrals using Fubini's theorem

Solution: The mass is (see the photocopy)

$$
M=\int
$$

